



P.O. Box 432 Traverse City, MI 49685-0432 USA • PHONE (231) 947-2141 • FAX (231) 947-0628 • EMAIL glit@glit.com • WEB www.glit.com

**Product Name:** Ready to Eat Garland Figs Product of Turkey

**Ingredients:** Figs and Potassium Sorbate

<b>Nutrition Facts</b>			
Serving Size		3 figs (42g)	
Servings Per Container			
<b>Amount Per Serving</b>			
<b>Calories</b>	120	Calories from Fat	0
<b>% Daily Value*</b>			
<b>Total Fat</b>	0 g		0%
	Saturated Fat	0 g	0%
	<i>Trans</i> Fat	0 g	
<b>Cholesterol</b>	0 mg		0%
<b>Sodium</b>	40 mg		2%
<b>Potassium</b>	0 mg		0%
<b>Carbohydrate</b>	29 g		10%
	Dietary Fiber	2 g	8%
	Sugars	22 g	
<b>Protein</b>	1 g		
Vitamin A			1%
Vitamin C			1%
Calcium			9%
Iron			6%

\*Percent Daily Values are based on a 2,000 calorie diet.